



East Windsor, NJ 08520
www.MendYourBodyMassage.com
Mendyourbodymassage@gmail.com
Phone: 609-529-1094 Fax: 609-371-2503

Client Information Form

Contact Information

Date: _____

Name: _____

Address: _____

City, State, Zipcode: _____

Home Number: _____ Cell Number: _____

Email Address: _____

Date of Birth: _____

Occupation: _____

Were you referred? Yes No If yes, by whom? _____

In case of emergency, contact: _____

Emergency Contact Telephone: _____

Health History

Before treatment begins, it is very important that any recent or chronic medical conditions and any medications you may be taking be discussed with your massage therapist. If you have any of these conditions, it may not preclude you from receiving your massage, so please be honest and update us regularly of any medical history changes.

Are you Pregnant? Yes No If Yes, please inform your massage therapist immediately!!!
Certain techniques will not be available to you due to safety.

1. Do you have any medical conditions? _____

2. Are you currently taking any medication? _____

3. Describe any major injuries, accidents, surgeries, or hospitalizations:

More than 5 years ago: _____

Less than 5 years ago: _____

4. What kind of care did you receive? _____

5. Do you consider yourself recovered from these events? Please explain: _____

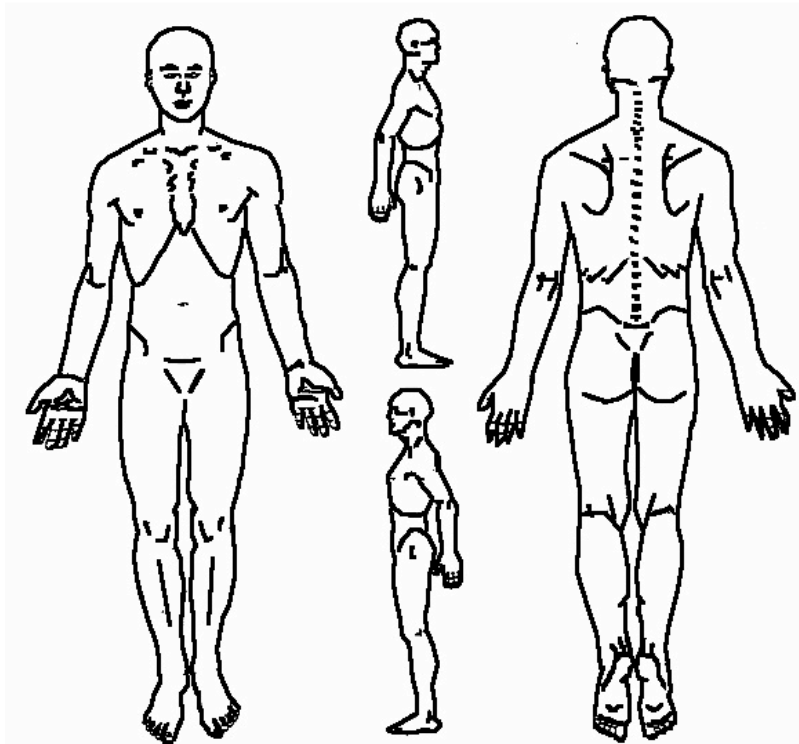
6. Do you have any skin allergies? _____

7. Are you currently seeing a doctor or alternative therapist for any reason? Please explain:

Treatment Plan

Why are you here? What do you hope to accomplish? _____

Please indicate where you have pain. Please indicate on a scale of 1-10 (1 being no pain and 10 being excruciating) how each area of pain feels.



Describe what you do that causes pain, and what activities tend to make it worse:

Please describe anything not mentioned thus far that you feel is important for your therapist to know:



East Windsor, NJ 08520
www.MendYourBodyMassage.com
Mendyourbodymassage@gmail.com
Phone: 609-529-1094 Fax: 609-371-2503

Please read the following statement carefully, then sign below.

I fully understand that massage therapy is not a substitute for medical examination and/or diagnosis and that it is recommended that I see a physician for any physical ailment I may have. If I experience any pain or discomfort during this session, I will immediately inform the therapists so that the pressure and/or strokes may be adjusted to my level of comfort. And because a massage therapist must be made aware of any existing physical conditions, I have stated all known medical conditions and take it upon myself to keep the therapist updated on my physical health.

I understand that any illicit or sexually aggressive remarks or advances made by me will result in immediate termination of the session, and I will be liable for payment of scheduled appointment.

I understand that payment is due at the time of treatment. I agree to give 12 hours notice of cancellation of the appointment. I understand that if the call is less than 12 hours before the appointment, half the amount will be charged. I understand that if there is no cancellation call, I will be charge the whole cost of the appointment. Cases of extreme emergency are considered exceptions.

I have carefully read and understand all of the above and I have answered all questions fully and accurately.

Client signature _____ Date _____

Note:

I ask for your date of birth and occupation because both of these factors can be instrumental in figuring out what muscular problems you're likely to be experiencing. Activities required by, or typical of, various occupations can also provide a clearer picture of what may be causing pain or continuing to aggravate a previous injury. This is especially thru with repetitive motion injuries, such as those that typists or house painters may suffer from.

I ask about specific conditions to ensure that receiving a massage will not pose any risk to either you or the therapists. Massage can have a powerful effect on our bodies, even if it's just a "relaxation massage". Some conditions benefit from massage while other may be exacerbated by the increase in circulation or other local and systemic effects of bodywork. I thank you for your cooperation and hope you enjoy your massage.